SOBHD Dress Code

OCTOBER 2017

Highland Dances

Highland outfit with waistcoat

Arms by side

Arms in 1st position

Highland outfit with waistcoat

Left side view

Right side view

Highland outfit with waistcoat

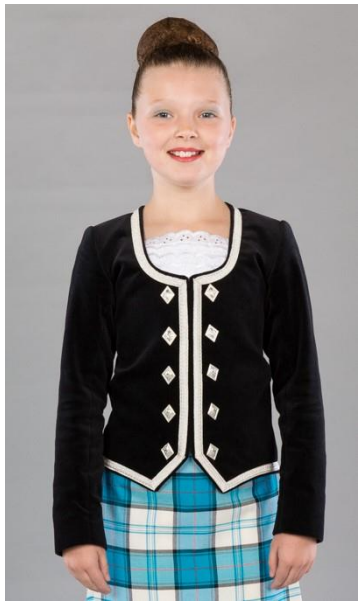
Back view

Pre-Premier dancers only

- White blouse
  - worn with waistcoat; Full sleeves to the elbow with a lace ornamented front.
  - An upright stiff half inch lace trim may be attached to the back of the neck
  - Or plain white shirt worn with or without a tie.
- Hose
  - White or plain coloured knee socks to match the kilt.
  - Hose can be full clan or diced red/white, blue/white or green/white.

Highland Jacket

Front view



Back view with kilt and socks

Highland outfit with jacket

Side view

Highland Jackets

- A sleeveless blouse with lace front or a lace insert should be worn. The lace frills **should be visible.**
- Not more than five ornamental Scottish embossed buttons on each side of the facings.
- Full length sleeves **may** have a single row of not more than five silver or gold buttons at the vent.
- If desired, ruffles (not more than 1 inch in depth) may be worn at the wrist, but they must be fastened to the sleeve.

Male Highland Outfit

Front view

Jacket only

Male Highland Outfit

- Jacket – may be of velvet or cloth, in any colour and any recognised style of doublet.
- Waistcoat – may be worn with Prince Charlie jacket.
- Jabot – should be white lace and worn only with the Montrose jacket.
- Sleeves ruffles – may be worn with a Montrose jacket only, but must be attached to the sleeve of the jacket.
- Cummerbund – Black or to match the kilt and worn in place of a waistcoat with a Prince Charlie doublet.

Male Highland Outfit cont.

- Plaid – a belted tartan plaid, the same tartan as the kilt, may be worn with the jacket if desired.
- Sporran – worn ‘One hand width’ from the bottom of the waist belt (or where the belt would be if not worn) as per military regulations. The size of the Sporran should be in relation to the height and weight of the dancer.
- Waist belt – leather with plated metal buckle may be worn with the Montrose or Prince Charlie jacket, but should not be worn in conjunction with a waistcoat or cummerbund.

Male Highland Outfit cont.

- Kilt – a kilt pin may be worn.
- Trews – tartan trews may be worn for the Seann Triubhas as an alternative to the kilt.
- Hose – full clan tartan hose or military diced hose to match the kilt.
- Garter flashes – these are optional and, if worn, should tone with the kilt.
- Sgian Dugh – should not be worn.

Pre-Premier dancers only (male)

- Balmoral - may be worn in Primary, Beginners and Novice. Intermediate dancers must wear a balmoral.
- Jacket and/or waistcoat – Day wear style, in lovat cloth or other types of tweed. Or the same as for Premier dancers.
- Sporran – worn 'One hand width' from the bottom of the waist belt (or where the belt would be if not worn) as per military regulations. The size of the Sporran should be in relation to the height and weight of the dancer.
- Shirt and tie – a white, or self-coloured, shirt and tie may be worn without the jacket and/or waistcoat.
- Hose – white or plain coloured knee socks to match the kilt. Hose can be full clan or diced red/white, blue/white or green/white.

Competitors from H.M. Forces

Male and female competitors from H.M. Forces are excluded from the Highland Dress Code provided they are wearing regulation military dress.

National Dances

Dress for National Dances (Female)

Front view

Back view

Dress for National Dances (Female)

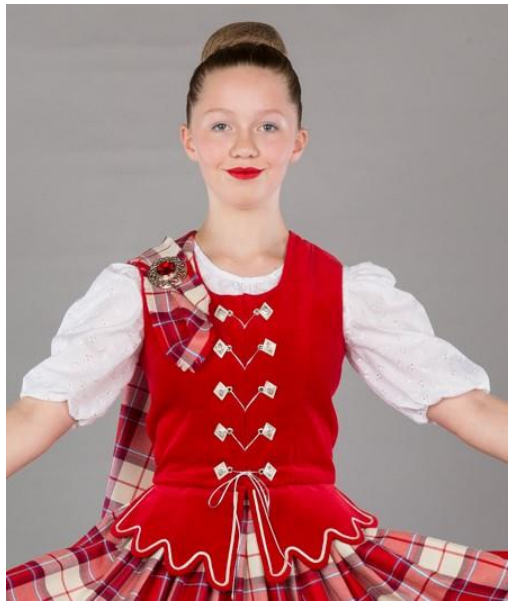
Left side view

Right side view

Dress for National Dances (Female) – different styles of waistcoat

Rectangle petals

Scalloped petals



Dress for National Dances (Female)

- Ornamental buttons **may** be worn on the front and braid or piping **may** be used to trim the edges.
- Plaid – may be square or rectangular
- White blouse – full to the sleeves with no frills. No more than four very small tartan bows on each sleeve may be worn. Frills on the front of the blouse are not acceptable.
- Underskirt – white cotton with no adornments.
- Socks – white without frill, ankle or knee high or natural coloured tights.

Dress for National Dances (Female)

Front view

Back view

Dress for National Dances (Female)

Left side view

Right side view

Dress for National Dances (Male)

Arms by side

Arms in 1st position

Dress for National Dances (Male)

Left side view

Right side view

Dress for National Dances (Male)

Back view

Dress for National Dances (Male)

Male dancers may wear tartan trews instead of kilt for national dances. Otherwise, they should be dressed as described for highland dances.

Irish Jig

Jig dress – green with red lacing

Front view

Jig dress – green with red lacing

Left side view

Back view

Jig dress – green with red cummerbund

Front view

Back view

Jig dress – green with red cummerbund

Left side view

Right side view

Jig dress - red

Front view

Back view

Jig dress - red

Left side view

Right side view

Jig dress – red with green cummerbund

Front view – arms by side

Front view –holding skirt

Jig dress –red with green cummerbund

Left side view

Right side view

Jig dress – red with green cummerbund

Back view

Female Jig Outfits

- Dress – white, red or green. White dress to be worn with waistcoat type bodice.
- Bodice – same shape as for Aboyne, either red or green.
- White blouse – should be worn if dress is sleeveless.
- Skirt – red or green to be worn with white blouse and waistcoat type bodice also in red or green. Skirt may also be worn with a blouse and cummerbund.

Female Jig Outfits cont.

- Cummerbund – red or green may be worn with red or green dress or skirt.
- Apron – small white apron must be worn. A small shamrock will be permitted.
- Underskirt – white only and preferably of cotton.
- Socks – plain white or natural coloured tights may be worn.
- Footwear – black, red or green Irish jig shoes.
- Hair – a plain ribbon may be worm

Male jig

Front view – arms by side

Front view - shillelagh

Male jig

Left side view

Right side view

Male jig

Back view – red tail coat

Back view – green tail coat

Shillelagh

Male Jig Outfit

- Tail Coat – red or green
- Waistcoat – red of green in opposite colour to the tail coat.
- Muffler – red or green neckerchief.
- Trousers – Knee breeches preferably in brown or khaki corduroy or whipcord.
- Shillelagh – the size and girth of the Shillelagh should be in relation to the height and weight of the dancer.
- Socks – long red or green.
- Footwear – Black, red or green Irish jig shoes.

Sailor's Hornpipe

Sailor's Hornpipe

Navy with blue collar

Sailor's Hornpipe – Navy with blue collar

Back view

Front view

Sailor's Hornpipe – White with navy collar

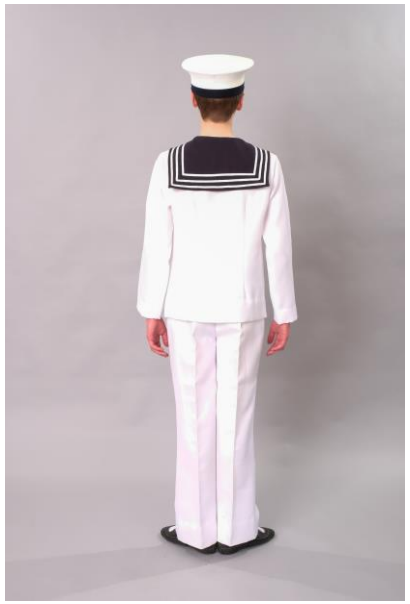
Front view – ribbon at base of the v-neck

Front view – ribbon at base of the v-neck

Sailor's Hornpipe – White with navy collar

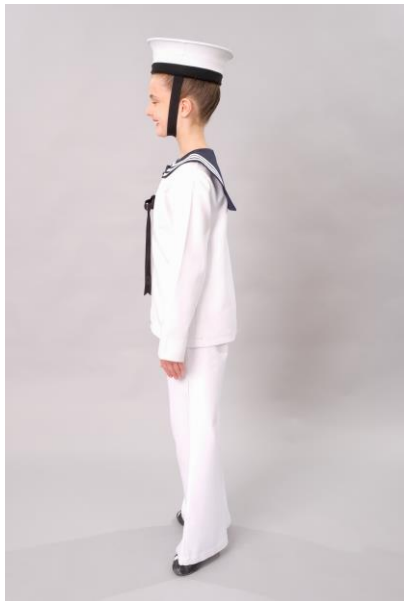
Back view

Back view

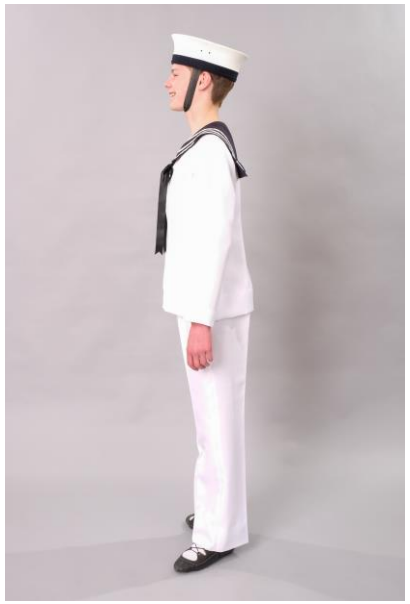


Sailor's Hornpipe – White with navy collar

Left side view

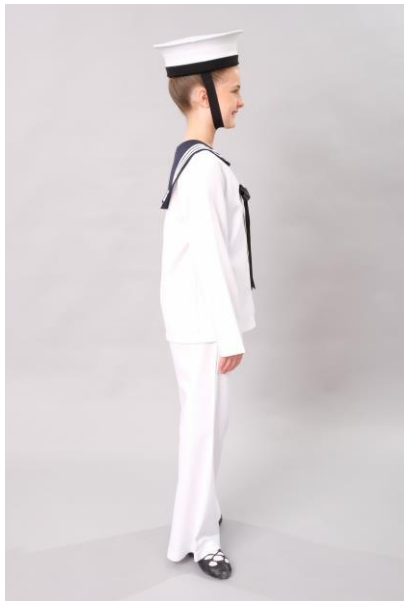


Left side view

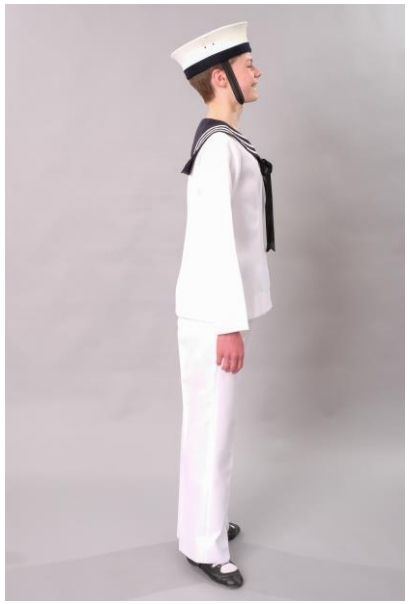


Sailor's Hornpipe – White with navy collar

Right side view



Right side view



Sailor's Hornpipe Outfit

- Jumper – navy blue (serge or twill) or white drill. Sleeves may be buttoned but stripes are not acceptable.
- Collar – navy or blue denim with three white stripes. Black ribbon, tied in a bow, **may** be worn at the base of the v-neck.
- Trousers – same material and colour as jumper.
- Socks – plain white or navy
- Cap – regulation white with no name band.

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